

## **PROVISIONAL POST TREATMENT INFORMATION**

### **IT IS VERY IMPORTANT TO FOLLOW THESE RINSING INSTRUCTIONS**

1. FIRST DAY – RINSE WITH STRONG SALT WATER (2 teaspoons / 8 oz. Glass of water) THREE TIMES (3) TIMES  
SECOND DAY – RINSE WITH STRONG SALT WATER TWO (2) TIMES.  
THIRD DAY – RINSE WITH STRONG SALT WATER ONE (1) TIME.

RINSE WITH FULL STRENGTH LISTERINE ONE TIME A DAY UNTIL CROWNS ARE PLACED.

2. TO STOP ANY DISCOMFORT OR SENSITIVITY PLEASE TAKE MOTRIN OR ADVIL FOR THE NEXT 3 DAYS. IF ANY SENSITIVITY CONTINUES PLEASE CALL THE OFFICE IMMEDIATELY. YOUR TEMPORARY CROWNS SHOULD FEEL LIKE YOUR OWN TEETH.
3. YOUR TEMPORARY CROWN(S) ARE MADE OF PLASTIC, AND MOST FOODS CAN BE CHEWED WITHOUT DIFFICULTY. I ADVISE YOU TO EXERCISE CAUTION WITH HARD FOODS; BE GENTLE WITH THESE FOODS.
4. AVOID STICKY FOODS, TEMPORARIES ARE CEMENTED WITH TEMPORARY CEMENT, AND CERTAIN FOODS LIKE CARAMELS COULD LOOSEN THE TEMPORARY RESTORATION. IF THE TEMPORARY COMES OFF, PLEASE RETURN TO THIS OFFICE AS SOON AS POSSIBLE. UNTIL YOU CAN GET BACK TO THE OFFICE, VASELINE PLACED INSIDE THE TEMPORARY AND PUSHED BACK ONTO THE TOOTH SHOULD HOLD THE TEMPORARY IN PLACE.
5. YOUR TEMPORARIES MAY FEEL HIGH IN THE BITE AFTER THE ANESTHESIA HAS WORN OFF. PLEASE CALL OUR OFFICE FOR AN APOPOINTMENT TO ADJUST IF NECESSARY.
6. YOUR FINAL TEETH ARE MADE OF PORCELAIN AND GOLD. THEY WILL LOOK AND FEEL LIKE NATURAL TEETH. LIPSTICK MAY STICK TO THE TEMPORARIES BUT WILL NOT STICK TO THE FINAL RESTORATIONS.
7. YOU MAY FEEL SWOLLEN THE DAY THE TEMPORARIES ARE CEMENTED. THIS IS VERY TRANSITORY, AND IT IS USUALLY DUE MORE TO THE ANESTHETIC THAN THE TEMPORARIES.
8. IF YOU HAVE ANY QUESTIONS, PLEASE CALL ME AT THE OFFICE OR AT HOME AT 951-3896.